



WCTCCA Spring 2013

Letter from the President

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I want to thank the WCTCCA Steering committee for all their work in planning and organizing another great Conference this year. We had a great time of fellowship, learning and recharging our batteries. As we look towards planning for the 2013-2014 we would love to hear from the membership regarding thoughts and ideas of what you would like to see from the organization.

Sincerely,

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 WCTCCA Chairperson
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2012-2013 WCTCCA Steering Committee

Chairperson: Annemarie Solbrack, Clover Park Technical College
Vice Chairperson: Heidi Matlack, Yakima Valley College Grandview Campus
Treasurer: Dale Zeretzke, Seattle Central Community College
Secretary: Margaret Vlahos, Whatcom Community College,



If you would like to write an article or submit information for the newsletter please send them to:

annemarie.solbrack@cptc.edu

Join Our List Serve

Members are encouraged to register with Yahoo groups and join our WCTCCA Listserve. This is a great way to connect with your colleagues across the state. To sign up go to: <http://groups.yahoo.com/group/WCTCCA/>

Check out our Website:



www.wctcca.com

At this year's conference we were fortunate to have two informative and valuable presentations. We want to recognize the presenter publicly and thank them for taking the time to share their expertise and experiences with us.



Behavior Intervention Team (BIT) Best Practices and Real Life Situations

Deborah A. Casey, Ph.D & the BIT members from

Green River Community College

Many colleges have formed Behavior Intervention Teams (BIT) to respond to concerns regarding student behavior in order to promote a safe environment for all students and staff, and counselors have become an integral part of these teams. The Green River Community College BIT, led by Dr. Deborah Casey, shared with us an overview of how the GRCC BIT functions and best practices they have learned from their experience. Team members will describe their role and function on the team and provide participants with an interactive learning experience.

[Green River Community College Behavior Intervention Team Members](#)

Deb Casey, Vice President of Student Affairs and Interim Vice President of HR

Fred Creek, Director of Campus Safety and Transportation

Cyndi Rapiere, Director of Housing for International Students and Short Term Programs

Liz Becker, Counselor

Self-Care and Resiliency in the Face of Compassion Fatigue

Lauren Glickman, M.A.

FORAY Consulting & Associates

lauren@forayconsulting.com

The work that college counselors do is often draining and can lead to burn-out and compassion fatigue if we are not mindful to monitor our own wellness. Lauren's presentation provided a great opportunity for self-reflection and awareness of our own ability to choose our thoughts and create change to positively influence our own experience. You can find copies of Lauren's presentation and handouts on our Website under the dropdown section: "Past Conference /Meetings."

Resources

ACA Knowledge Center

The Knowledge Center is a resource for members and non-members to help you keep up with professional and counseling trends. You will find resources such as Ethics, Licensure Requirements, Syllabus Clearinghouse, Webinars, Podcasts, and more

<http://www.counseling.org/knowledge-center/counseling-knowledge-center>

National Behavioral Intervention Team Association <http://nabita.org>

Compassion Fatigue Awareness Project www.compassionfatigue.org/